# College of Health Sciences

## Degree in Three Curriculum Plan

**Major: Human Performance and Sport Sciences**  
**Concentration: Exercise Science**

### First Year

<table>
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<tr>
<th>Courses</th>
<th>Hours</th>
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First Year Total: 41 Credit Hours

### Second Year

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Second Year Total: 40 Credit Hours

### Third Year

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Third Year Total: 40 Credit Hours

**Notes:**  
*HPSS Electives must be selected in consultation with your departmental advisor from upper division courses (3000-4000) only.

| XSB: Xtreme Spring Break | MM: MAYmester | SS: SUNsational Summer |