

## Coaching Minors at HBCUs

**Introduction:** In America's history, athletics has been a major source of personal and life character development.

**Purpose:** The aim of this study is to gain a deeper understanding of the proper training and curriculum necessary to enhance overall coaching as well as requirements for coaching certification around the country. The data gathered by this analysis can serve as a best practice for Colleges and Universities, especially those classified as Historically Black Colleges and Universities (HBCUs), seeking to develop academic programs in the area of coaching. Another aim is to identify the commonalities in quality coaching in while incorporating a certification process for all state accredited athletic associations. Finding the commonalities in quality coaching is very beneficial in creating a formalized coaching curriculum. Lastly, a major goal of this paper is to encourage the incorporation of coaching curriculum at collegiate institutions, especially as a minor for other HBCUs across the country.

**Methods:** A thorough review of articles and documents from various states and cities were examined. Specific focus was placed on geographic locations where many of the students from Tennessee State University reside.

**Results:** This study truly exposed the importance of academia in athletic sports coaching. Data collected from recent studies indicate having a coaching minor will better prepare students who are looking for careers in athletic sports coaching.