

The Impact of Women In Sports

Introduction: Being a woman in sports is uncommon and is considered an anomaly. It is well known that the sports sector is dominated by men and is actively seeking out more women to join this field. Women will need to keep removing obstacles in sports to advance gender equity and diversity in the field. Since 1938, women have been forging new ground in sports. There is still a need for representation despite the fact that women frequently have a big impact on athletics. Women working in sports have been studied to determine their long-term influence and societal implications.

Purpose: The purpose of this research is to emphasize gender equality in the sports business, explore how to approach women who are interested in sports, address workplace harassment of women, the impact of numbers on women in the sports industry, focus on representation, and examine how women have become change agents in a male-dominated field.

Methods: A web-based survey was deployed to collect insightful replies and qualitative data. The survey was structured and administered around eight challenging questions. A linear scale was also provided, and the survey was designed to encourage extensive open-ended responses.

Results: The survey responses were overwhelmingly positive. Open-ended responses allowed for the collection of varied and valuable qualitative data and participants were able to fully clarify their points of view. The prevailing common theme that emerged was the belief system of “Lift as you climb.”