Identify one individual to be the champion, or advocate for the EPICC Project in your congregation.

- This might be a member of your health ministry, someone with a background in a health profession, or someone who is excited about the opportunity to bring a new health promotion program to your congregation.
- The champion will recruit 2-4 other people to form the EPICC Team for your congregation, and to lead them in accomplishing the Team's goals.
- The team will meet once or twice a week over the next two or three months to complete all EPICC Project Activities.

