- This website has information about four different health promotion programs that the EPICC research team has identified as meeting the following conditions:
- The programs are evidence-based.
- Materials necessary for offering the program are free.
- Training for a facilitator or leader of the program is available online. There is no need to pay someone or find a trained health professional to lead the program.
- The program addresses one or more health conditions that affect African American communities more than some other communities.

