

Lauren K. Waller
laurenkwaller@bellsouth.net
(615)557-8204

Work/Shadowing/Volunteer/Clinical Experience

9/1/2015-Present

POTUS “Preparing Our Tomorrow Uniquely in STEM”

Tennessee State University College of Health Sciences, Nashville, TN

Responsibilities:

Fellowship Program

- To collaborate with faculty on research projects pertaining to Physical Therapy and future improvements of the DPT Program at TSU
- Completed research as it pertains to the disparity of minorities in the rehabilitation and the health care industry
- Attended APTA and TPTA conferences and presented research to members

9/26/2016-12/2/2016

Health Sphere Wellness Center, Brentwood, TN

Responsibilities:

10 Week Clinical

- Home Health, Assisted Living and Outpatient Clinical
- Participated in the support of infant and child rehabilitation with emphasis on neuroplasticity
- Adult care for patients suffering from chronic pain and fatigue, arthritis and musculoskeletal disorders and injuries

7/1/2016 -8/19-2016

Veteran Affairs Medical Center-Memphis, TN

Responsibilities:

7 Week Clinical

- Participated in outpatient rehabilitation care through observance and practical application. Gained experience in documentation, progress notes, patient plan of care and evaluations

9/1/2014-5/30/2015

Student Ambassador for “Project IMPACT,” Increasing Minority Participation in Allied/Health Care Tracks

Doctorate of Physical Therapy, Tennessee State University

Responsibilities:

- Prepared and presented facts to undergraduate and high schools students regarding the importance of developing knowledge and skills that allow individuals to enter into professional fields of Allied Health Care
- Presented College and Career Fairs

5/2013 – 5/2014

Elite Sports Medicine and Orthopaedic Center – Nashville, TN

Technician

Responsibilities:

- Prepared treatment tables and equipment for patients by following prescribed procedures and protocols
- Assisted in providing quality care and treatment to patients by applying modalities, monitoring motion, and helping patients onto equipment
- Provided information to patients by answering questions and request
- Maintained safe and clean working environment by following procedures, rules, and regulations

1/2013 – 2/2013

Star Physical Therapy – Brentwood, Tennessee

Internship

Responsibilities:

- Observed PT's and their patients
- Assisted PT's and their patients by retrieving specific therapy tools needed to achieve certain exercises and stretches
- Aided patients with exercises by providing instructions, keeping count of reps, and keeping track of time
- Provided patients with ice and heat packs after therapy
- Assisted in maintaining the organization of the clinic by sanitizing equipment, therapy tables, and washing/folding laundry

1/2011 – 5/2012

S.A.C. (Student Activity Center) Lipscomb University

Responsibilities:

- Customer Service
- Communicated with and assisted students and community members about facility
- Provided information to students and members about up and coming events
- Security/Record keeping of students and members
- Reported Maintenance

9/2011 – 10/2011

Results Physiotherapy – Brentwood, Tennessee

Responsibilities:

- Observed PT's and their patients
- Interacted with patients and instructed certain exercises

6/2010 – 7/2011

Vanderbilt Children's Hospital

Rehabilitation Program

Responsibilities:

- Observed and completed 30 hours
- Observed PT's / OT's and their patients
- Interacted with PT's / OT's and their patients by communicating, playing games, and assisting the PT's and OT's with certain therapy techniques

6/2009-7/2009

**KCA Medical Group (Neurology Practice) –
Franklin, Tennessee**

Responsibilities:

- Observed nurses and patients
- Assisted with medical services by entering patients' medical information into computer system
- Unpacked and arranged medicines

SCHOLARLY ACTIVITIES

Doctoral Research Project: Progeria: How much information do we know?

- Scheduled to be presented as a poster at the Experimental Biology Conference 2017 in Chicago, IL April, 2017

Doctoral Research Project: Enhancing Minority Representation in Rehabilitation Professions

- Presented as a PowerPoint presentation at the 93rd American Congress of Rehabilitation Medicine Conference in Chicago, IL, November, 2016

Doctoral Research Project: Do Compression Garments Improve Healing Among Runners with Acute Overuse Injuries of the Lower Extremities

- Presented as a poster at the 38th University-wide Research Symposium at Tennessee State University, Nashville TN, April, 2016
- Presented as a poster at the Experimental Biology Conference 2016 in San Diego, CA, April, 2016
- Submitted as a publication to the Journal of Sport and Health Science

SERVICE ACTIVITIES

Hendersonville Half Marathon- Nashville, TN
September, 2016

Run My City Blade Runners – Nashville, TN
June, 2016

Fall Prevention Workshop – Fairview, TN
April, 2016

Night to Shine – Nashville, TN
Feb, 2016

Buddy Walk – Nashville, TN
Oct, 2015

Ronald McDonald House – Nashville, TN
July, 2015

Siloam Health - Nashville, TN
March, 2015

MEMBERSHIPS, LICENSURE AND CERTIFICATIONS

Member, American Physical Therapy Association
Member, Tennessee Physical Therapy Association
The American Academy of Physical Therapy
CPR and AED Certification, American Heart Association

Education

Tennessee State University-Nashville, Tennessee
College of Health Sciences
Department of Physical Therapy
-Doctorate of Physical Therapy
3.35 GPA

Lipscomb University – Nashville, Tennessee
-B. S. Degree, Kinesiology
Psychology Minor
3.30 GPA

