
Thomas Richard

Franklin, TN 37064

(C) 615-970-8445 | (E) TRICHARD1207@OUTLOOK.COM

Summary

Graduate student (Class of 2023) enrolled in Tennessee State University's Doctor of Physical Therapy Program. Former scholarship SEC Student-Athlete with exceptional skills in written and oral communication, teamwork, and leadership. I am a very adaptable self-learner who is always driven to go the extra mile. Experienced working in fast-paced environments.

Certifications and Skills

- Human Anatomy and Physiology
- Exercise Prescription
- CPR/First Aid certified
- Medical Terminology
- Active Listener
- Interpersonal communication
- Team-Oriented

Education

Expected in 2023

Tennessee State University Nashville, TN
Doctor of Physical Therapy: Physical Therapy

2018

University of Tennessee At Chattanooga — Chattanooga, TN, USA
Bachelor of Science: Exercise Science
Graduated: May 2018

Experience

04/2019 - 04/2020

Power of Clean Energy — Nashville, TN
Data Manager and Digital Marketing Specialist

- Collect, track and organize data to evaluate current business and market trends.
- Spearhead diverse projects, including data capture, storage, configuration and forecast analysis.
- Assist in both inbound and outbound marketing campaigns to generate new business and to support partner and sales teams.

07/2018 - 03/2019

Elite Sports Medicine + Orthopedics — Nashville, TN
Physical Therapy Tech

- Work directly with the physical therapist in a fast paced clinic executing rehabilitative exercise programs for various types of patients including: chronic injuries, acute injuries, post ops, children, adults, geriatric, amateur athletes, and professional athletes
- Use of medical equipment: E-stim, ultrasound, game ready etc.
- Develop lasting positive relationships daily through exceptional patient interaction and communication

01/2017 - 06/2018

University of Tennessee at Chattanooga — Chattanooga, TN
Personal Trainer/ Strength Staff Intern

- Develop and modify individual weight loss and strength increase exercise regimens for personal clients and groups up to 4 members
- Conduct and evaluate pre and post-exercise body metric assessments
- Suggested exercise modifications to individual student-athletes to avoid strain and injury.

05/2017 - 08/2017

Christ Presbyterian Academy — Nashville, TN
Athletic Training Intern

- Constant communication with student athletes and numerous teams of coaches.
- Monitor the safety of athletes by observing vital signs in all weather conditions
- Assist in stretching, providing ice, and coaching rehabilitative exercises for injured athletes

Activities and Honors

- Member of POTUS Fellowship Program at TSU

- Mizzou All-SEC Athletic-Academic Honor Roll and Dean's List
- UTC Academic Honor Roll and Dean's List
- Mizzou and UTC Football full Scholarship Athlete
- Volunteer at Love 1 International. Completed a mission trip to Masindi, Uganda