

**HUMAN PERFORMANCE AND SPORT SCIENCES, CONCENTRATION—HEALTH EDUCATION WITH TEACHER
CERTIFICATION FOR GRADES K-4, 5-9, or 7-12 ACADEMIC MAP: DEGREE BS (121 CREDIT HOURS)**

This degree map is a semester-by-semester course schedule for students majoring in [Human Performance and Sport Sciences with a concentration in Health Education with Teacher Certification for Grades 7-12](#). The milestones listed to the right of each semester are designed to keep a student on track to graduate in four years. The schedule serves as a general guideline to help build a full schedule each semester. Milestones are courses and special requirements necessary for timely progress to complete a major. When one or more milestones are missed, students should consult with an academic advisor to determine if another degree path would be more suitable.

General Statement: The Department of Human Performance and Sport Sciences prepares students for professional careers in the following areas of concentration: Health Education. Graduates will be able to evaluate, plan for and counsel individuals in the areas of fitness, athletics, and cardiac rehabilitation. Students are being prepared for advanced degree work in exercise physiology, physical therapy, and other health fields, including medical school, as well as positions as personal trainers and health fitness instructors with both hospital-based wellness programs and corporate fitness programs. The department focuses on the development of competent leaders for our diverse society, who will promote the essentials of quality living, as well as excellence in teaching and serving.

Tennessee State University recognizes that students have diverse learning, life, and professional experiences. The University provides opportunities for students to earn college credit toward the degree through a number of assessment options that evaluate their learning experiences. These paths are grouped under the category "Prior Learning Assessment" (PLA). Various means of earning PLA credit at TSU are the following: Advance Placement Program, American Council of Education (ACE) Military Credit, American Council on Education (ACE) other Assessed Credit, College Level Exam Program (CLEP), DSST Credit by Examination Program (includes DANTES Examination), Institutional Course Challenge Exams (Departmental Exams), International Baccalaureate Credit, Other Military Service, Portfolio Assessment. To learn more about PLA contact your academic advisor or the Office of Student Support Services for Adult and Distance Learners (615) 963-7001.

Department Chair: TBD

Mapping Coordinator: TBD

Department Web Address: <http://www.tnstate.edu/hpss/>

Fall Schedule		Milestones
Semester 1	Hrs.	Semester 1
ENGL 1010 Composition I	3	Minimum Grade of "C" Required
MATH 1110 College Algebra	3	Minimum Grade of "C" Required
Humanities Elective*	3	Minimum Grade of "C" Required
HPSS 2060 First Aid/CPR	3	Minimum Grade of "C" Required
PSYC 2010 General Psychology	3	Minimum Grade of "C" Required
UNIV 1000 Orientation	1	Minimum Grade of "C" Required
Total hours	16	Note: Freshman/Sophomore. Classes may be taken during summer terms when available.

*Students must take a 3 credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1210, HIST 1220 or RELS 2010.

Spring Schedule		Milestones
Semester 2	Hrs.	Semester 2
ENGL 1020 Composition II	3	Minimum Grade of "C" Required
HPSS 1510 Health and Wellness	3	Minimum Grade of "C" Required
Humanities Elective**	3	Minimum Grade of "C" Required
COMM 2200 Public Speaking	3	Minimum Grade of "C" Required
HPSS 3000 Foundations of Health Education	3	Minimum Grade of "C" Required
HPER 1011 Elementary Swimming	1	Minimum Grade of "C" Required
Total hours	16	Note: Freshman/Sophomore. Classes may be taken during summer terms when available.

** Students must take a 3 credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1210, HIST 1220 or RELS 2010.

Fall Schedule		Milestones
Semester 3	Hrs.	Semester 3
		Declare Human Performance Sports Science with Health Education Teacher Certification as Major and meet with Academic Advisor
		Take the Praxis I Exams-Reading, Writing and Math (or have the exempt score on the ACT -22 or SAT – 1020)
ENGL Literature***	3	Minimum Grade of "C" Required
EDCI 2010 Hist. and Found. of Education	3	Minimum Grade of "C" Required
Natural Sciences Elective****	4	Minimum Grade of "C" Required
HIST 2010 or HIST 2030	3	Minimum Grade of "C" Required
HPSS 3050 Family Health & Sexuality	3	Minimum Grade of "C" Required
Total hours	16	

***Courses within the range of ENGL 1012-1013 will meet this requirement

****Natural Science- Students must have 8 semester hours which includes the appropriate lab. The recommended courses are: BIOL 1020/1021, CHEM 1040/1041, PHYS 2020/2021 or ASTR 1020.

Spring Schedule		Milestones
Semester 4	Hrs.	Semester 4
		Apply for Admission Teacher Education/Pre-Residency Block 1; minimum GPA 2.75; satisfactory report on Criminal Background
		Check for C (or higher) on all classes in Freshman/Sophomore
Natural Sciences Elective*****	4	Minimum Grade of "C" Required
HPSS 2310 Anatomy & Physiology	3	Minimum Grade of "C" Required
HIST 2020 or HIST 2030	3	Minimum Grade of "C" Required
PSYC 2420 Human Growth and Learn.	3	Minimum Grade of "C" Required
HPSS 3030 Consumer & Community Health	3	Minimum Grade of "C" Required
Total hours	16	Note: All Teacher Education/Blocked courses during Junior/Senior years are required during the semesters indicated.

*****Natural Science- Students must have 8 semester hours which includes the appropriate lab. The recommended courses are: BIOL 1020/1021, CHEM 1040/1041, PHYS 2020/2021 or ASTR 1020.

Fall Schedule		Milestones
Semester 5	Hrs.	Semester 5
		Take the Praxis II Exam-Health Education (K-12) Content Knowledge
		Prerequisite: Admission to Teacher Education Program /Pre-Residency Block 1
Pre-Residency-Block 1		
HPSS 3340 History & Philosophy of Physical Education	3	Minimum Grade of "C" Required
HPSS 3310 Measurement & Evaluation	3	Co-requisite: Block 1; Minimum Grade of "C" Required
HPSS 3310 Measurement & Evaluation	3	Minimum Grade of "C" Required
HPSS 3140/3130 Phys. Of Exercise/Kinesiology	3	Minimum Grade of "C" Required
HPSS 3070 Health Instruction for the School	3	Minimum Grade of "C" Required
Total hours	15	Note: All Teacher Education/Blocked courses during Junior/Senior years are required during the semesters indicated; Blocked courses will only be offered during the semesters listed here during the Junior and Senior Years.

Spring Schedule		Milestones
Semester 6	Hrs.	Semester 6
		Pre-requisite: Admission to Teacher Education/Pre-Residency - Block 2
		Apply for Admission to Residency 1-Block 3
Pre-Residency-Block 2		
HPSS 3130/3140 Phys. Of Exercise/Kinesiology	3	Minimum Grade of "C" Required
HPSS 4020 Mgt. & Org. of HPER & Sports Law	3	Co-requisite courses: Block 2 (EDCI 3870; EDRD 4910); Minimum Grade of "C" Required
HPSS 4007 Current Issues	3	Minimum Grade of "C" Required
EDCI 3870 Curriculum Development	3	Minimum Grade of "C" Required
EDRD 4910 Reading in the Secondary Schools	3	Minimum Grade of "C" Required
Total hours	15	Note: Blocked courses will only be offered during the semesters listed here during the Junior and Senior Years.

Fall Schedule		Milestones
Semester 7	Hrs.	Semester 7
		Take the Praxis II EXAM: Principles of Learning and Teaching (7-12)
		Pre-Requisites: Admission to Residency 1-Block 3; CPR Certification
		Apply for Admission to Residency 2-Block 4
Residency 1-Block 3		
HPSS 3720 Methods and Mat. Of Health Education	3	Minimum Grade of "C" Required
HPSS 4505 Senior Writing Project	3	Co-requisite courses: Block 3 (EDSE 3330; EDCI 4620); Minimum Grade of "C" Required
EDSE 3330 Education of Exceptional Children	3	Minimum Grade of "C" Required
EDCI 4620 Field Experience in Education III (approximately 90-100+ hrs. in field placement)	6	Minimum Grade of "C" Required
Total hours	15	Note: Blocked courses will only be offered during the semesters listed here during the Junior and Senior Years.

Spring Schedule		Milestones
Semester 8	Hrs.	Semester 8
		Take Senior Exit Exam and Apply for Graduation
		Pre-Requisites: Successful Completion of Residency 1-Block 3 and ALL Praxis Exams
Residency 2-Block 4		
EDCI 4705 Educational Student Teaching Seminar	3	Minimum Grade of "C" Required
HPSS 4720 Enhanced Student Teaching (continuation of Residency I Field Placement)	9	Co-Requisite Course: Block 4 (EDCI4705 - 16 weeks/M-F in field); Minimum Grade of "C" Required
Total hours	12	(121 Total hours)

Employment Information: The Human Performance and Sport Sciences program with a concentration in Health Education with Teacher Certification for Grades 7-12 prepares health educators to promote wellness by instructing others in the way of proper diet, stress management, psychological well-being, human sexuality, exercise and play, as well as other fundamental behaviors that improve the quality of life for all individuals and communities.

Representative Job Titles Related to this Major: Health and Wellness Educator, Exercise Leader, Fitness Instructor/Consultant, Corporate Fitness Manager, Exercise Testing Technician, Fitness Club Manager, Activities Director, Health & Fitness Advisor, Exercise Physiologist

International study is available for all TSU students and may include opportunities for internships or taking course work towards various minors. International study may have an impact on the MAP; therefore, it is important to consult with the academic advisor for this major before participating in an international Program opportunity. Students interested in study abroad opportunities should contact the Office of International Programs and consult with their academic advisor.

This map is not intended to be a contract; either expressed or implied, between the University and the students, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. TSU specifically reserves the right to change, delete or add to any MAP at any time within the student's period of study at the University.
