

**FAMILY AND CONSUMER SCIENCES, CONCENTRATION—FOOD AND NUTRITIONAL SCIENCES, DIETETICS**  
**ACADEMIC MAP: DEGREE BS (120 CREDIT HOURS)**

This degree map is a semester-by-semester sample course schedule for students majoring in **Family and Consumer Sciences with a concentration in Food and Nutritional Sciences/Dietetics**. The milestones listed to the right of each semester are designed to keep students on track to graduate in four years. The schedule serves as a general guideline to help build a full schedule each semester. Milestones are courses and special requirements necessary for timely progress to complete a major. When one or more milestones are missed, students should consult with an academic advisor to determine if another degree path would be more suitable.

At Tennessee State University (TSU), the foods and nutrition programs prepare students for careers as nutrition educators and credentialed dietitians who provide leadership in the delivery of food service management and nutrition services for the citizens of Tennessee and around the globe. With a strong emphasis in community service, students excel in providing services to the limited resource individual and family. Graduates may develop community programs to promote nutrition and good health; appear in media to educate people about the relationship between diet and health; conduct research on the psychological, cultural, social, economic and environmental issues related to nutrition and health; or work with special groups who are at risk for nutrition-related or health problems, such as pregnant women, infants and the elderly. Many opportunities are provided for students to gain experience in the profession before graduation. These experiences enable students to learn about cultures, and take on leadership roles before entering the workforce. These experiences enhance learning and may provide advantages in the job market.

The Didactic Program in Dietetics (DPD) at TSU provides the necessary coursework to meet the academic requirements of the Accreditation Council for Education in Nutrition and Dietetics (ACEND), Academy of Nutrition and Dietetics. Prospective students must meet program [admission requirements](#) and apply to the program. Admission criteria and application are linked to this document. Upon admission, all students are required to complete the coursework outlined on the curriculum map. When the majority of coursework has been completed with a minimum of a 2.75 GPA, the student is eligible to apply for a post-baccalaureate supervised practice experience, i.e. a dietetic internship or ISPP. Before entering an internship, students must receive a Verification Statement Form from the DPD Director. Criteria to receive the form include: (a) Completion of all required courses (b) a Minimum 2.75 GPA. When the internship is successfully completed, the graduate is then qualified to sit for the National Registration Examination for Dietitians of the Commission on Dietetic Registration. They are then allowed to use the Registered Dietitian (RD) credential.

Tennessee State University recognizes that students have diverse learning, life, and professional experiences. The University provides opportunities for students to earn college credit toward the degree through a number of assessment options that evaluate their learning experiences. These paths are grouped under the category "Prior Learning Assessment" (PLA). Various means of earning PLA credit at TSU are the following: Advanced Placement Program, American Council of Education (ACE) Military Credit, College Level Exam Program (CLEP), DSST Credit by Examination Program (includes DANTES Examination), Institutional Course Challenge Exams (Departmental Exams), International Baccalaureate Credit, Other Military Service, Portfolio Assessment. To learn more about PLA contact your academic advisor or the Office of Student Support Services for Adult and Distance Learners at (615) 963-7001 or [adultstudentsupport@tnstate.edu](mailto:adultstudentsupport@tnstate.edu).

**Department Chair:** Dr. Veronica J. Oates, RDN, LDN Email: [voates@tnstate.edu](mailto:voates@tnstate.edu)

**Mapping Coordinator:** Dr. Elyse Shearer, Email: [eshearer@tnstate.edu](mailto:eshearer@tnstate.edu)

**Department Web Address:** <http://www.tnstate.edu/familyscience/foodnutrition.aspx>

Fall Schedule		Milestones
<b>Semester 1</b>	<b>Hrs.</b>	<b>Semester 1</b>
Math 1110	3	Pre-requisite Course: Must be taken before ECON 2010
UNIV 1000 *	1	
Humanities**	3	
BIOL 2210/2211	4	Minimum Grade of "C" Required;
ENGL 1010	3	Pre-requisite Course: Must be taken before ENGL 1020, and HIST 2010, HIST 2020, HIST 2030, HIST 2060, HIST 2070 or HIST 2700; Minimum Grade "C" Required
<b>Total Hours</b>	<b>14</b>	

\* A Orientation course taken at another University does **NOT** meet this requirement. Students with less than 6 credit hours must take UNIV 100 at TSU.

\*\*Students must take credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, HIST 1000, THTR 1020, MUSC 1010, PHIL 1030, or RELS 2010.

Spring Schedule		Milestones
<b>Semester 2</b>	<b>Hrs.</b>	<b>Semester 2</b>
ECON 2010	3	Pre-requisite Course: Must be taken before MGMT 3010
ENGL 1020	3	Pre-requisite Course: Must be taken before HIST 2010, HIST 2020, HIST 2030, HIST 2060, HIST 2070 or HIST 2700; Minimum Grade "C" Required
BIOL 2220/2221	4	
Humanities*	3	
FACS 1010	1	
<b>Total Hours</b>	<b>14</b>	

\*Students must take credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, HIST 1000, THTR 1020, MUSC 1010, PHIL 1030, or RELS 2010. Students must remember **NOT** to duplicate course option from previous semester.

Fall Schedule		Milestones
<b>Semester 3</b>	<b>Hrs.</b>	<b>Semester 3</b>
ENGL LIT*	3	
NUFS 1110	4	Minimum Grade of "B " Required; Prerequisite for NUFS 3110
HIST 2010**	3	
CHEM 1110/1111	4	Minimum Grade of "C" Required
COMM 2200	3	
<b>Total Hours</b>	<b>17</b>	

\*The courses within the range of ENGL 201 - ENGL 2322 will meet this requirement.

\*\*The Department recommends HIST 2010; however, HIST 2020 and HIST 2030 satisfy this requirement.

Spring Schedule		Milestones
<b>Semester 4</b>	<b>Hrs.</b>	<b>Semester 4</b>
		<b>Submit application to be admitted to Dietetics Program after this semester if milestones are met</b>
CHEM 1120/1121	4	Minimum grade of "C" Required.
NUFS 2110	3	Minimum Grade of "B" Required; Pre-requisite Course: Must be taken before all other NUFS courses except NUFS 1110
HIST 2020*	3	
BIOL 2400/2401	4	
<b>Total Hours</b>	<b>14</b>	

\*The Department recommends HIST 2020; however, HIST 203 satisfies this requirement. Students must remember **NOT** to duplicate courses from a previous semester.

Fall Schedule		Milestones
<b>Semester 5</b>	<b>Hrs.</b>	<b>Semester 5</b>
CHEM 2010/2011	4	Pre-requisite Course: Must be taken before CHEM 3410
NUFS 3120	3	Minimum Grade of "C" Required
PSYC 2010	3	
NUFS 3130	3	Pre-requisite Course: Must be taken before NUFS 4120
NUFS 3350	3	Minimum Grade of "C" Required
<b>Total Hours</b>	<b>16</b>	

Spring Schedule		Milestones
<b>Semester 6</b>	<b>Hrs.</b>	<b>Semester 6</b>
	(2)	<b>Students must take FACS 4600 (Field Experience) During the Summer Only-2 Credit Hours</b>
CHEM 3410/3411	4	Minimum Grade of "C" Required
NUFS 4110	3	Minimum Grade of "C" Required; Pre-requisite Course: Must be taken before NUFS 4530
NUFS 3830	3	Minimum Grade of "C" Required; Pre-requisite for NUFS 4530
NUFS 3110	3	Minimum Grade of "C" Required
FACS 3500	2	
<b>Total Hours</b>	<b>15</b>	

Fall Schedule		Milestones
<b>Semester 7</b>	<b>Hrs.</b>	<b>Semester 7</b>
FERM 3210 or FERM 4330	3	
NUFS 4120/4121	4	Minimum Grade of "C" Required
NUFS 4530	4	Minimum Grade of "C" Required; Pre-requisite Course: Must be taken before NUFS 4540
MGMT 3010	3	
FACS 4600	2	*Taken during the summer
<b>Total Hours</b>	<b>16</b>	

Spring Schedule		Milestones
<b>Semester 8</b>	<b>Hrs.</b>	<b>Semester 8</b>
		Take Senior Exit Exam and Apply for Graduation
NUFS 4540	3	Minimum Grade of "C" Required
FACS 4500	3	Minimum Grade of "C" Required
NUFS 4520	3	Minimum Grade of "C" Required
ECFS 4630	3	
Elective	2	
<b>Total Hours</b>	<b>14</b>	

**Employment Information:**

Nutrition professionals translate the science of food and nutrition in order to enhance the well-being of individuals and groups. Many of them work in healthcare facilities such as hospitals and extended care facilities. They may also be found working in community health settings such as Women, Infants, and Children (WIC) programs; food stamp programs; or feeding programs for the elderly. Because so many people eat meals away from home, nutrition professionals and dietitians may also manage non-commercial and commercial foodservice operations where they apply nutrition knowledge and managerial skills in the delivery of meals to children and adults. Career opportunities also exist in diverse areas such as journalism; sports medicine; wellness programs for business and industry; and sales for food, foodservice equipment, or pharmaceutical companies. Nutritionists and dietitians work for food companies in research and development, as public information specialists for food commodity groups or as consultants in private practice serving rural hospitals and nursing homes.

**Representative Job Titles Related to this Major:**

Dietitian, Nutritionist, Dietetic Technician, Nutrition Educator

**Representative Employers:**

Hospitals, clinics, senior assisted living facilities, governmental food programs, cooperative extension service, non-profits, health and wellness centers, insurance health and wellness coaching programs, company-based health and wellness programs, health and wellness programs in schools, department of education, department of human services, child care programs, United States Department of Agriculture and Centers for Disease Control and Prevention

**International study is available for all TSU students and may include opportunities for internships or taking course work towards various minors.** International study may have an impact on the academic map; therefore, it is important to consult with the academic advisor for this major before participating in an international Program opportunity. Students interested in study abroad opportunities should contact the Office of International Programs and consult with their academic advisor.

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This map is not intended to be a contract, either expressed or implied, between the University and the students, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. TSU specifically reserves the right to change, delete or add to any MAP at any time within the student's period of study at the University.