



TENNESSEE STATE UNIVERSITY

College of Agriculture, Human and Natural Sciences



Youth Active & Media Savvy

Summer Camps 2015!

Cost: \$50.00* for 3 weeks food and fun!

Now Enrolling!

African American children
ages 8 – 13 and at risk for
adult obesity to participate in
the

Youth Active and Media Savvy
(YAMS) in partnership with

TSU SNAP-Ed Program

Summer Camp

Registration is \$25.00 to secure a spot.

* Reduced cost for more than one child and
low-income families.



1 Camp Session:

Monday - Thursday

July 6 – 23

For Enrollment go to www.tnstate.edu/yams

Email voates@tnstate.edu

or call Veronica Oates at 615.963.5625

Tennessee State University
3500 John A. Merritt Blvd.
Nashville, TN 37209

LAUNCHING A LEGACY OF HEALTH EMPOWERMENT

Participating youth will learn and engage in activities that promote:

- **Critical Thinking Skills**
- **Self-Esteem**
- **Healthful Decision Making**
- **Healthy Meal and Snack Preparation**
- **Physical Activities**

YAMS aim is to equip African American youth with the knowledge and awareness to make better health and wellness choices.