### **PSYCHOLOGY**



### **MAJOR MAP**

### WHO WE ARE

Majoring in psychology prepares students to comprehend the factors influencing human cognition and behavior, equipping them for careers in mental health, education, public policy, research, and various other psychology-related fields and behavior, thereby equipping them for careers in mental health, education, public policy, research, and other psychology-related fields.

#### **CAREER OUTCOMES:**

- Human Resources, Employee
- Relation Specialist,
- Parks and Recreation Managers,
- Hospitality, Project Evaluator
- Events Management,
- Technical WriterCase worker,
- Social Services Aide,
- Psychiatric Technician,
- Assistant Behavior Analyst
- Community Organizer,
- Diversity,
- Equity, and Inclusion Officer





# What skills will students learn throughout this program?

- Analyze content and theoretical aspects in diverse areas of psychology.
- Apply multicultural and global perspectives to psychological concepts.
- Evaluate common biases and reasoning errors in decision-making and research.
- Summarize, interpret, and integrate research findings effectively.
- Communicate information to various audiences verbally and in writing.
- Adhere to American Psychological Association formatting guidelines.
- Express viewpoints respectfully, supported by data, and critically assess multiple perspectives.
- Enhance scientific literacy by interpreting scholarly literature and evaluating research methodologies and limitations.
- Utilize psychological principles to advocate for social justice.

# WHAT SKILLS ARE YOUR FUTURE EMPLOYERS LOOKING FOR?

- Research Skills
- Analytical Thinking
- Communication Skills:
- Empathy and Interpersonal Skills
- Problem-Solving Abilities
- Critical Thinking
- Ethical Awareness
- Cultural Competence:
- Teamwork and Collaboration
- Adaptability and Flexibility

For more information, <u>click here</u> https://www.tnstate.edu/psychology/

## Undergraduate Experiential Major Map: PSYCHOLOGY



#### **Think**

Engaging in critical thinking and inquiry inside the classroom.

#### Work

Pursue experiences that will allow you to grow as a leader and professional.

#### Serve

Explore opportunities to contribute to the broader community and global marketplace.

#### First Year/Freshman

- Complete your Handshake Profile.
- Complete your four-year educational plan in UNIV 1000 during the fall semester.
- Focus on your studies and earn good grades.
- Visit the Office of Student Success
   (OSS) and connect with your
   advisor for help navigating college
   life and your classes. Make an
   appointment using the student
   planner app and view the OSS page
   for other hours and services.
- First Generation students connect with your <u>First Generational</u>
   Specialist.
- Get to know professors. The best time to connect outside of class is during their office hours.
- Visit the <u>Academic Achievement</u> and <u>Retention Center</u> for access to study tips, connecting to academic coaches, tutoring, and other helpful resources.
- Attend the Career Fair (Sponsored by the <u>Career Development Center</u>)
- Get involved Attend organizational fairs, special/corporate events, and volunteer on and off campus.

#### Sophomore & Junior

- Update your resume and remove high school activities. Have it critiqued by the <u>Career</u> <u>Development Center</u>.
- Review and update LinkedIn and Handshake profiles.
- Attend the Career Fair (Sponsored by the <u>Career Development Center</u>)
- Explore graduate school options.
- Begin preparing for GRE, LSAT, MCAT, GMAT, and other exams for graduate school admissions.
- Begin building your professional wardrobe.
- Meet with your <u>departmental</u>
  <u>academic advisor</u> to confirm degree
  progress and discuss your future
  academic and career goals.
- Attend institutional and departmental internship workshops.

#### Senior

- Meet with your <u>departmental</u>
  <u>academic advisor</u> to confirm degree
  progress and discuss your future
  academic and career goals.
- Apply for <u>Graduate and Professional</u>
   <u>School</u> or jobs that fit your interests, skills, and career goals. Follow up on applications and keep a record of the status of each.

  \*pay attention to due dates
- Draft a cover letter that can be adapted for a variety of employers. Have it critiqued.
- Complete the Senior Exit Exam and First Destination Survey. (<u>Testing</u> <u>Center</u>)

## Academic Success Checklist

- Book an appointment with your academic advisor for pre-registration and advising.
- ☐ Discover library resources.
- □ Visit the math, reading, writing, and tutoring center.
- ☐ Complete FAFSA and academic scholarship applications.

# **Educational Planning Checklist**

- ☐ Ask your academic advisor about High Impact Practices
- ☐ Participate in at least two High Impact Practices at TSU
- ☐ Join a student group.

### Career Development Checklist

- ☐ Create your HandShake Profile.
- ☐ Visit What Can I Do With This Major
- ☐ Attend the career fair to expand your network.
- ☐ Attend Academic Department workshops and seminars.
- Visit the <u>Academic Pathways &</u> <u>Partnerships</u>