



# CAREER PATH COUNSELING & MENTAL HEALTH

Using the Psychology Major to prepare for careers in counseling and therapy.

## WHY PSYCH?

### What is the benefit of the Psychology Major?

The psychology major at Tennessee State University provides students with a solid foundation in a range of skills important for professional success in a variety of settings. These include: research and data analysis, critical thinking, oral communication, writing, and an introduction to the basic principles that underlie human behavior.

The psychology major also provides students with the opportunity to apply for graduate school in psychology, while still preparing them for a variety of rewarding careers with their bachelor's degree.



## PSYCHOLOGY ELECTIVES

**PSYC 3510 Principles of Learning**

**PSYC 4310 Human Learning & Cognitive Processes**

**PSYC 3410 Social Psychology**

**PSYC 3210 Abnormal Psychology**

**PSYC 3310 Principles of Human Sexuality**

**PSYC 4240 Behavior Modification**

**PSYC 4370 Fundamentals of Counseling**

**PSYC 4400 Drugs & Behavior**

**PSYC 4360 Field Placement**

**Internship in Psychology**

## CAREER PREP COURSES

**HPSS 4090 Drug Education**  
No listed prerequisite

**HPSS 3450 Pharmacology**  
No prerequisite listed.

**HPSS 3050 Family Health and Sexuality** No prerequisite listed.

**FERM 3210 Family Resource Management** Spring, online.

**ECFS 3320 Expressive Arts for Young Children**  
Prerequisite: ECFS 2010, Spring

**ECFS 3520 Observation, Participation, and Assessment in Early Childhood Settings**  
Prerequisite: ECFS 2010, Spring

## BACHELOR'S LEVEL CERTIFICATIONS

### Board Certified Assistant Behavior Analyst (BCaBA)

Using applied behavior analysis (ABA) to influence socially important behavior.

[www.bacb.com/bacba](http://www.bacb.com/bacba)

**Where?** Lipscomb University, Tennessee Tech, U. of Memphis, U. of Tennessee, Vanderbilt University

### Licensed Alcohol and Drug Abuse Counselor (LADAC)

Become a substance abuse counselor in the state of Tennessee with your BS in Psychology and a LADAC certificate.

<https://www.addiction-counselors.com/states/tennessee-substance-abuse-counselor.html>

Contact: [twebb8@tnstate.edu](mailto:twebb8@tnstate.edu)

## CAREER PREP COURSES CONT.

### ECFS 4000 Behavior Management and Guidance

Prerequisite: ECFS 2010

### ECFS 3530 Infant Clinic

Prerequisite: ECFS 2010

### SPTH 3500 Language and Speech Development of Children

No listed prerequisites.

### SPTH 4760 Language Disorders in Children

Prerequisite: SPTH 3500

### HPSS 2320 Exercise Prescription and Assessment

No prerequisite listed.

### HPSS 2330 Exercise Prescription and Assessment Laboratory

No prerequisite listed.

### HLSC Contemporary Issues in Clinical Geriatric Care

No prerequisites.

### CRMJ 3230 Community-Based Treatment Methods

No prerequisite listed.

### CRMJ 3130 Counseling

No prerequisite listed

### AFAS Psychological Impact of Enslavement and Colonization

No prerequisite listed.

### SOCI 3700 Minority Group Problems

No prerequisites listed.

### SOCI 3101 Sex, Gender, and Social Interaction

No prerequisites listed.



## MASTER'S DEGREES TO CONSIDER



Master's degrees typically take 2 years to complete and open a world of opportunities for careers in therapy and counseling. Paths to consider include:

- Master's Degree in Professional School Counseling
  - Offered at TSU; [twebb8@tnstate.edu](mailto:twebb8@tnstate.edu); Feb. 1 application deadline
  - Licensed Professional School Counselors work in schools
- Master's Degree in Counseling Psychology
  - Offered at TSU; [jbrook42@tnstate.edu](mailto:jbrook42@tnstate.edu); Feb. 1 application deadline
  - Licensed Professional Counselors (LPCs) practice therapy
- Master's Degree in Social Work
  - Offered at the Nashville Campus of U. of Tennessee, Knoxville
  - [www.csw.utk.edu/mssw/](http://www.csw.utk.edu/mssw/)
- Master's Degree in Marriage and Family Therapy

## OPENING YOUR OWN PRACTICE

Psychology majors who pursue careers as therapist should consider opening a private practice. To provide you with the business skills to do this, consider TSU's Entrepreneurship Minor.

For more information, please visit:  
[http://www.tnstate.edu/business/minor\\_entrepr\\_bus.aspx](http://www.tnstate.edu/business/minor_entrepr_bus.aspx).

You may also email Ms. Trena Barksdale at [tbarksdale@tnstate.edu](mailto:tbarksdale@tnstate.edu).

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