

# PRINCESSE A. HAWKINS

Cell: (615) 852-2502 | Email: [p.hawkins136@gmail.com](mailto:p.hawkins136@gmail.com)

## EDUCATION

---

### Tennessee State University Alumna

August 2019 - May 2023

Nashville, Tennessee

**Bachelor of Health Sciences; Concentration: Physical Sciences** | GPA: 3.8

**Honors:** Dean's List, Tennessee State University Honors College, National Society of Leadership and Success

**Certifications:** CPR and AED of Adults and Children

**Skills:** Conflict Resolution, Fluent in English, Microsoft Office

## WORK HISTORY

---

### Monell's at the Manor - Host

June 2019 - August 2019

Nashville, TN.

- Greeted and seated guests, while managing the seating chart
- Monitored restaurant activity to determine seating and dining flow
- Responded to guest inquiries and request in a timely, friendly, and efficient manner
- Completed calculations for sales receipts and inventory

### Old Navy - Sales Associate

August 2021 - May 2023

Nashville, TN.

- Before class, I went to work at 6am to assist the morning truck team
- Truck team member, and I stocked the store with new inventory
- Helped the store maintain a neat condition
- Responded to customer inquiries to assist them with purchases

## EXTRACURRICULAR ACTIVITIES & LEADERSHIP

---

### Freshmen Innovation Council

- Council met weekly to discuss involvement opportunities, and innovative ways of enhancing Freshmen life on campus
- Assisted with hosting a study night for all TSU students during finals week
- Created a video bringing awareness to sexual assault for Denim Day

### The National Society of Leadership and Success

- Society centered around building business relationships to support undergraduate transition to graduate life
- Served as a general member

### African Student Association

- Hosted events promoting cultural heritage and encouraging diversity
- Assisted in hosting numerous game nights, pertaining to African culture and facts
- Served as Secretary

### Impressions of Beauty Ambassador

- Partnered with several beauty brands to introduce products to students on campus through events, sampling, and more
- Served as general member of Campus Outreach Committee
- Assisted with planning fun and engaging monthly events for the student body and ambassador team

# PRINCESSE A. HAWKINS

Cell: (615) 852-2502 | Email: [p.hawkins136@gmail.com](mailto:p.hawkins136@gmail.com)

## The Student Election Commission

- Assisted with facilitating the election process for the student body
- Co-chair for facilitating the voter's registration drives for the student body
- Served as Recording Secretary and Chair for the Decorations Committee

## Member of Alpha Psi Chapter of Alpha Kappa Alpha Sorority, Incorporated

- I am an active member of Alpha Kappa Alpha Sorority, Inc.
- Served as Technology Chair for the 2022 - 2023 academic year
- Served as Assistant Treasurer for 2022 - 2023 academic year
- I was awarded "Academic Hall of Excellence" for my scholastic achievements for the 2021-2023 academic year
- Planned community outreach events for the student body

## Physical Therapy Association for the Future (PTAF)

- Served as the President of the organization for 2021-2023 academic year
- Provided undergraduate students with in-depth information regarding the PTCAS process
- I organized and co-hosted monthly meetings
- Gave guest speakers an opportunity to provide mentorship to undergraduate students, including DPT students and Physical Therapists
- Served as Secretary

## COMMUNITY SERVICE

---

### Joy Church International - *Media Team Member*

October 2015 - Present

Mt. Juliet, TN

- Assist with creating videos that our Pastor uses to minister to the community of Mt. Juliet, TN
- Assist with production of sound and footage for production team

### Second Harvest Food Bank of Middle Tennessee - *Food Sorting*

January 2021 - Present

Nashville, TN.

- Created over two-thousand (2,000) meals for families
- Packed over one hundred (100) lunches for elementary students
- Cleaned and sorted frozen food

### Richland Headstart and Engagement - Volunteer

September 2022 - May 2023

Nashville, TN.

- Assisted with serving children their meals
- Sanitized surfaces
- Assisted with delivering lesson plans to children

## RELEVANT EXPERIENCE

---

### Summer Health Professions Education Program (SHPEP) - *Scholar (150 hrs.)*

June - July 2021

Columbia University

- Participated in a six (6) week General Chemistry course
- Attended workshops on field of Physical Therapy and disparities in healthcare
- Participated in physical therapy treatment simulations

## **PRINCESSE A. HAWKINS**

Cell: (615) 852-2502 | Email: [p.hawkins136@gmail.com](mailto:p.hawkins136@gmail.com)

### **Middle Tennessee Homes DIDD - Physical Therapy Observer**

(4 Hours) December 2021

Nashville, TN.

- Examined the evaluation of patients in an inpatient setting and discussed proper treatment for a wide range of conditions including scoliosis and acute back pain
- Observed professionals deliver skilled interventions to adults
- Assisted with seating assessments and lifts

### **Middle Tennessee Seating & Positioning Clinic. - Physical Therapy Observer**

(5 Hours) December 2021

Nashville, TN.

- Assisted with comprehensive evaluations of seating and alternate positioning needs
- Learned how to cast molds
- Assisted in therapy services, such as lifts and seating adjustments
- Learned how to operate power wheelchairs

### **Results Physiotherapy - Physical Therapy Observer**

(20 Hours) March - May 2022

Nashville, TN.

- Ensured equipment was operational and sanitized
- Examined the evaluation and treatment of patients in an outpatient setting
- Discussed proper treatment for a wide range of neurological conditions including Parkinson's and strokes

### **Rehab Etc. - Physical Therapy Observer**

(71 Hours) May - July 2022

Nashville, TN.

- Ensured equipment was operational and sanitized
- Examined the evaluation and treatment of patients in an outpatient setting
- Discussed proper treatment for a wide range of orthopedic conditions including torn meniscus and rotator cuff injuries