

Destiny Tusie, SPT

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Education

Doctor of Physical Therapy | Tennessee State University

- **Anticipated Graduation Date:** May 2026
- **GPA:** 4.0

Bachelor of Science | May 13, 2022 | University of Tennessee at Chattanooga

- **Major:** Exercise Science
- **GPA:** 3.77
- **Achievements:** Dean's List, Member of Alpha Lambda Delta & Phi Eta Sigma Honor Society
- **Related coursework:** Exercise Physiology, Human Anatomy & Physiology, Biomechanics

Campus and Community Involvement

POTUS Fellow | Tennessee State University | September 2023 – Current

- Attend educational seminars and participate in research with professors
- Volunteer for various events and organizations

Intervarsity and Cru | The University of Tennessee at Chattanooga | August 2017 – July 2022

- Held faith-based discussions about navigating college life and beyond
- Examined situational circumstances financially, mentally, physically, emotionally, and spiritually

Una Bears Youth Cheerleading Program | Antioch, Tennessee | June 2015 – August 2022

- Built lifelong bonds and mentored/coached young girls
- Assisted with workout and stretch routines

Student Support Services | The University of Tennessee at Chattanooga | August 2018 – May 2022

- Tutored Statistics, Precalculus, or Chemistry twice a week
- Built relationships with fellow students and discussed how to manage various workloads at the college level

Celebrate Recovery | Brainerd Baptist - Chattanooga, Tennessee | January – March 2022

- Served food and was a part of the welcome crew
- Sat in on meetings

Circle K | The University of Tennessee at Chattanooga | August 2017 – March 2020

- Volunteered at various events such as the Ironman Triathlon, Walk for Breast Cancer Awareness, and cooking and serving breakfast at the Ronald McDonald House

Hands on Nashville | Nashville, Tennessee | March – April 2020

- Helped pass out food and essentials following the tornado in March 2020
- Aided in disaster relief efforts and COVID pandemic

The Mentorship/G.U.I.D.E. Program | The University of Tennessee at Chattanooga | August 2017 – November 2019

- Mentee as an underclassmen then became a mentor to incoming Freshman on the college transition
- Attended on and off campus events with mentees and mentors

Work Experience

Sushi Chef | Conrad Hotel (Nashville) | Food City (Chattanooga) |

February 2022 – July 2023

- Prepped various raw and cooked fish, vegetables, and rice
- Followed sanitation and hygiene protocol
- Provided training and guidance to staff members regarding sushi culinary cooking procedures and packaging
- Top seller for sushi sales in our district with minimal direction and supervision

Physical Therapy Tech | X3 Performance & Physical Therapy (Nashville) | Excel Rehab and Sports (Chattanooga) |

August 2021 – April 2023

- Worked under several physical therapists and maintained care for up to three or four patients at one time
- Responsible for checking up on patient progress and helping patients use equipment
- Knowledgeable about the latest physical therapy equipment and methods
- Strong communication skills with patients and medical professionals

Nanny | *August 2021 – January 2022*

- Watched three siblings from ages 2-8 years old
- Responsible for keeping them on a strict schedule from 7:30 am to 5 pm
- Took them to practice and school
- Made meals and helped with homework
- Played outside, went for bike rides, painted, did puzzles, etc.

Valet Parking Attendant | Omega Parking | *April 2019 – August 2020*

- Provided accurate and timely documentation of vehicle, damages, and other conditions prior to service
- Promoted courteous treatment of customers and resolved service issues in a very fast paced environment

Intern | Smile Direct Club | *Summer 2019*

- Gained a great deal of excel spreadsheet experience
- Captured, recorded, and sorted important data relevant to two buildings' stock
- Built charts and graphs based upon inventory
- Took notes and contributed in important meetings to communicate information to manager

Retail | Opry Mills Mall (Nashville) | Hamilton Place Mall (Chattanooga) | *December 2017 – February 2019*

- Nike Outlet and Foot Locker
- Engaged in conversation with customers and was knowledgeable about products
- Worked with team members to provide quality service and ensure customer satisfaction
- Helped to develop my time-management and problem-solving skills