

FAQs

Everything you've been wondering/need to know!

What do I wear to class? / Dress Code:

- We typically wear scrubs, and tennis shoes to class. You can wear an OT t-shirt, with scrub bottoms as well.
- Khaki pants, with OT Shirt, polo shirts, any nice "dress" shirt as long as it has sleeves.
- We will be selling OT shirts for fundraisers in the near future so you will soon have plenty!
- NO dangling earrings (can get in the way during lab activities)
- NO hats are permitted in class.
- Closed toe shoes

As long as you look put together, you're good :)

Where do I get my textbooks?

Feel free to reach out to any of the second years, many of us have textbooks we are selling! The TSU bookstore sells all of our textbooks, but you can also check out Amazon and Chegg.

Information on our organizations:

AOTA is the national OT association. It is the biggest resource for you in your OT career! They have free journal articles for members (great for references for papers!) and other things all over their website.

<https://www.aota.org/>

TNOTA is the local OT association. You will have access to state conferences, networking opportunities and other fantastic opportunities. They have a conference annually as well and we highly recommend that you go, it happens at the beginning of the semester when you will be learning the history of OT and it really helps to ignite the fire and get excited about the school year! (More information will be provided on the local conference soon).

<http://www.tnota.org/>

SOTA is the student organization run by the students of the TSU OT program. We will provide opportunities to volunteer and socialize with your fellow OT students.

Where should I live?

There are apartment buildings constantly being built in Nashville. If you are looking for a cheap option that is close to school, Bellevue is a great place to live and there is rarely any traffic to and from school! There are also many facebook groups you can join such as "Nashville rooms for rent" if you are looking for a roommate.

Can I work?

Yes! A ton of us work ~ a lot of us babysit, work out restaurants, etc. so many of us have connections if you are looking for a part-time job, and often post about these opportunities in our facebook group! As long as your employer is willing to be flexible with your schedule, working is manageable. We also recommend starting out with just a few hours until you get used to your new schedule and routine as an OT student!