

DR. ELYSE SHEARER BECOMES NEW DIRECTOR OF DIDACTIC PROGRAM IN DIETETICS (DPD)

Dr. Elyse Shearer joined the faculty in the Department of Family and Consumer Sciences in November of 2015. She became the new DPD Director on July 1, 2016. Dr. Shearer received her Bachelors of Science degree in Nutrition from Case Western Reserve University, and continued there to complete her Masters of Science in Public Health Nutrition and dietetic internship. Before joining the TSU faculty, she worked for the Women, Infants, and Children program in Buffalo, NY., and worked for Sodexo at Laurens County Health System in Laurens, SC. where she was the outpatient dietitian at the Diabetes Center and the Cardiac Rehabilitation Center.



In 2011, she returned to school to work towards her Ph.D. where she had the opportunity to work with Dr. Cheryl Lovelady at the University of North Carolina at Greensboro. Dr. Shearer's research focus is to determine strategies to promote weight loss and improve body composition in women who have recently delivered a baby. She is also interested in determining the effect of weight loss on physical fitness and cardiovascular disease risk.

In her free time, she likes being outdoors, running and participating in triathlons, hiking and backpacking through the mountains, and playing sports. She also have a small dachshund/beagle mix dog named Lucy who goes everywhere with her.