

**HUMAN PERFORMANCE AND SPORT SCIENCES, CONCENTRATION-PHYSICAL EDUCATION WITH TEACHER  
 CERTIFICATION FOR GRADES K-12 ACADEMIC MAP:  
 DEGREE BS (122 CREDIT HOURS)**

This degree map is a semester-by-semester sample course schedule for students majoring in **Human Performance and Sport Sciences with a concentration in Physical Education with Teacher Certification for Grades K-12**. The milestones listed to the right of each semester are designed to keep a student on track to graduate in four years. The schedule serves as a general guideline to help build a full schedule each semester. Milestones are courses and special requirements necessary for timely progress to complete a major. When one or more milestones are missed, students should consult with an academic advisor to determine if another degree path would be more suitable.

General Statement: The Department of Human Performance and Sport Sciences prepares students for professional careers in the following area of concentration: Physical Education. Graduates will be able to evaluate, plan for and counsel individuals in the areas of fitness, athletics, and cardiac rehabilitation. Students are being prepared for advanced degree work in exercise physiology, physical therapy, and other health fields, including medical school, as well as positions as personal trainers and health fitness instructors with both hospital-based wellness programs and corporate fitness programs. The department focuses on the development of competent leaders for our diverse society, who will promote the essentials of quality living, as well as excellence in teaching and serving.

Students seeking teacher licensure must be admitted to the Teacher Education Program. To be admitted he/she must (a) complete all pre-requisite courses and earn a grade of “C” or better in those courses, (b) earn a GPA of 2.75 or better, and (c) score a 22 or better on the ACT, or score a 1020 or better on the SAT, or receive a passing score on the Praxis I exam. A Student must receive passing scores on the Praxis II exams to be admitted to Teacher Residency.

Tennessee State University recognizes that students have diverse learning, life, and professional experiences. The University provides opportunities for students to earn college credit toward the degree through a number of assessment options that evaluate their learning experiences. These paths are grouped under the category “Prior Learning Assessment” (PLA). Various means of earning PLA credit at TSU are the following: Advanced Placement Program, American Council of Education (ACE) Military Credit, College Level Exam Program (CLEP), DSST Credit by Examination Program (includes DANTES Examination), Institutional Course Challenge Exams (Departmental Exams), International Baccalaureate Credit, Other Military Service, Portfolio Assessment. To learn more about PLA contact your academic advisor or the Office of Student Support Services for Adult and Distance Learners at (615) 963-7001 or [adultstudentsupport@tnstate.edu](mailto:adultstudentsupport@tnstate.edu).

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Fall Schedule		Milestones
<b>Semester 1</b>	<b>Hrs.</b>	<b>Semester 1</b>
ENGL 1010 Composition I	3	Minimum Grade of “C” Required.
HPSS 1510 Health and Wellness	3	Minimum Grade of “C” Required.
Humanities Elective*	3	Minimum Grade of “C” Required.
HPSS 2060 First Aid/CPR	3	Minimum Grade of “C” Required.
PSYC 2010 General Psychology	3	Minimum Grade of “C” Required.
UNIV 1000 Orientation**	1	Minimum Grade of “C” Required.
<b>Total Hours</b>	<b>16</b>	Note: Freshman/Sophomore. Classes may be taken during summer terms when available.

\*Students must take a 3 credit hour course from the following list of approved general education Humanities courses:  
 AREN 2310, ART, 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1000 or RELS 2010.

\*\*An Orientation course taken at another University does **NOT** meet this requirement. Students with less than 60 credit hours must take UNIV 1000 at TSU.

Spring Schedule		Milestones
Semester 2	Hrs.	Semester 2
ENGL 1020 Composition II	3	Minimum Grade of "C" Required.
MATH 1110 College Algebra	3	Minimum Grade of "C" Required.
Humanities Elective*	3	Minimum Grade of "C" Required.
COMM 2200 Public Speaking	3	Minimum Grade of "C" Required.
HPSS 2040 Lifetime Sports	1	Minimum Grade of "C" Required.
HPSS 2020 Theory of Aquatics	1	Minimum Grade of "C" Required.
HPSS 2270 Rhythm & Dance	2	Minimum Grade of "C" Required.
HPER 1011 Elementary Swimming	1	Minimum Grade of "C" Required.
<b>Total Hours</b>	<b>17</b>	Note: Freshman/Sophomore. Classes may be taken during summer terms when available.

\*Students must take 3 credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1000 or RELS 2010. Students must remember not to Duplicate course option from previous semester.

Fall Schedule		Milestones
Semester 3	Hrs.	Semester 3
		Students should meet with an academic advisor and declare Human Performance Sports Science with Physical Education Teacher Certification as Major. If a minimum ACT (22) or SAT (1020) is not met then Praxis® I Core is required-Reading 5712 (qualifying score 156), Writing 5722 (qualifying score 162), Math 5732 (qualifying score 150) before applying for admission to Teacher Education in Semester 4.
ENGL Literature*	3	Minimum Grade of "C" Required.
EDCI 2010 Hist. and Found. of Education	3	Minimum Grade of "C" Required.
BIOL 1010/1011 General Biology I	4	Minimum Grade of "C" Required.
HIST 2010 or HIST 2030	3	Minimum Grade of "C" Required.
HPSS 2010 Team Sports	1	Minimum Grade of "C" Required.
HPSS 2030 Individual Sports	1	Minimum Grade of "C" Required.
HPER (Any HPER Course)**	1	Minimum Grade of "C" Required.
<b>Total Hours</b>	<b>16</b>	Note: All Teacher Education/Blocked courses during Junior/Senior years are required during the semesters indicated.

\*Courses within the range of ENGL 2012-2320 will meet this requirement.

\*\*Students may select any HPER course to meet this requirement.

Spring Schedule		Milestones
Semester 4	Hrs.	Semester 4
		Apply for Admission to Teacher Education/Pre-Residency. To do so, students must have a minimum GPA of 2.75, satisfactory report on Criminal Background Check, successful interview, and satisfactory writing sample. Check for "C" or higher in Freshmen and Sophomore courses.
BIOL 1020/1021 General Biology II	4	Minimum Grade of "C" Required.
HPSS 2310 Anatomy & Physiology	3	Pre-requisite course must be taken before HPSS 3130, and HPSS 3310; Minimum.
HIST 2020 or HIST 2030	3	Minimum Grade of "C" Required.
PSYC 2420 Human Growth and Learn	3	Minimum Grade of "C" Required.
HPSS 3100 Concepts of Games & Play	3	Minimum Grade of "C" Required.
<b>Total Hours</b>	<b>16</b>	

<b>Fall Schedule</b>		<b>Milestones</b>
<b>Semester 5</b>	<b>Hrs.</b>	<b>Semester 5</b>
		<b>Block 1-Pre-Residency</b> Prerequisite: Take the Praxis® II Subject Assessment Exam: 5095-Physical Education: Content Knowledge (K-12) (qualifying score 164). At the beginning of this semester, students must make application to the Teacher Education Program (Pre-Residency). A GPA of 2.75 is required and must be maintained throughout the program.
HPSS 3340 History & Philosophy of Physical Education	3	Minimum Grade of "C" Required.
HPSS 3310 Measurement & Evaluation in Physical Education	3	Co-requisite: Block 1; Minimum Grade of "C" Required.
HPSS 4240/50/60 Court/Field/Individual Sports	2	Minimum Grade of "C" Required.
HPSS 3130 Kinesiology	3	Minimum Grade of "C" Required.
HPSS 3080/3040/1400/3630 Off. Tech/Elements of Safety AT/Outdoor Ed	2	Minimum Grade of "C" Required.
HPSS 3350 Lifespan Motor Development	2	Minimum Grade of "C" Required.
<b>Total Hours</b>	<b>15</b>	Note: Junior and senior students must enroll in Teacher Education/Blocked courses during the semesters indicated on this map.

\*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

<b>Spring Schedule</b>		<b>Milestones</b>
<b>Semester 6</b>	<b>Hrs.</b>	<b>Semester 6</b>
		<b>Block 2-Pre-Residency</b> Pre-requisite: Complete Intent to Enter Residency I Form and submit to the Office of Teacher Education and Student Services. Students must be admitted to Pre-Residency Block 2 in order to enroll in the courses listed for this semester. During this semester, students must apply for admission to Residency I.
HPSS 3140 Phys. Of Exercise	3	Minimum Grade of "C" Required.
HPSS 4020 Mgt. & Org. of HPER & Sports Law*	3	Co-requisite courses (EDCI 3870; EDRD 4910); Minimum Grade of "C" Required.
HPSS 4005-4007 Current Issues	3	Minimum Grade of "C" Required.
EDCI 3870 Curriculum Development*	3	Co-requisite courses: (HPSS 4020 and EDRD 4910) Minimum Grade of "C" Required: Minimum Grade of "C" Required.
ELDI 4910 Reading in the Secondary Schools*	3	Co-requisite courses: (EDCI 3870 and HPSS 4020) Minimum Grade of "C" Required.
<b>Total Hours</b>	<b>15</b>	

\*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

Fall Schedule		Milestones
Semester 7	Hrs.	Semester 7
		<b>Block 3 – Residency I</b> Pre-requisites: admission to Residency I, CPR Certification, and Praxis® II Exam: 5622-Principles of Learning and Teaching (K-6), or 5623 (5-9), or 5624 (7-12). During this semester, students must apply for admission to Residency II (full-time teaching).
HPSS 3710 Methods and Mat. Of Physical Education*	3	Minimum Grade of “C” Required.
HPSS 4505 Senior Writing Project	3	Co-requisite courses: Block 3 (EDSE 3330 and EDCI 4620); Minimum Grade of “C” Required.
EDSE 3330 Education of Exceptional Children*	3	Co-requisite courses: (HPSS 3710 and EDCI 4620); Minimum Grade of “C” Required.
EDCI 4620 Field Experience in Education III*	6	Co-requisite courses: (HPSS 3710 and EDSE 3330); Minimum Grade of “C” Required. As a part of Residency I, Teacher Licensure students must complete 90-100 hours of co-teaching/field placement in EDCI 4620.
<b>Total Hours</b>	<b>15</b>	

\*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

Spring Schedule		Milestones
Semester 8	Hrs.	Semester 8
		<b>Residency II--Block 4</b> Pre-Requisite: Students must be admitted to Residency II. Students must have successfully completed all requirements for Block 3 Residency I, and passed all Praxis exams. All Co-Requisite courses in Residency II block 4 must be taken in semester 8 or student will have to wait for the next course rotation. Students must engage in full time teaching co-teaching (100% clinical experience). Students should apply for teacher licensure in the last month of semester 8.
EDCI 4705 Educational Student Teaching Seminar*	3	Co-Requisite Course: HPSS 4720; Minimum Grade of “C” Required
HPSS 4720 Enhanced Student Teaching* (continuation of Residency I Field Placement)	9	Co-Requisite Course: EDCI 4705; Minimum Grade of “B” Required. <b>A student who earns a grade of “C” or “D” in Student Teaching may graduate from the University, however, they will not be recommended for licensure.</b> Student Teaching lasts 16 weeks / Mon-Fri.
<b>Total Hours</b>	<b>12</b>	NOTE: At the end of Student Teaching, students must complete the edTPA (portfolio) <b>with a minimum score of 37 out of 75</b> and Teacher Education Exit Interview.

\*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

**Employment Information:** The Human Performance and Sport Sciences program with a concentration in Physical Education with Teacher Certification for Grades 7---12 prepares physical education teachers’ pedagogical skills in the design of program activities, which will guide youth in becoming physically active for the rest of their lives.

**Representative Job Titles Related to this Major:** Physical Education Certified Teacher, Health and Wellness Educator, Exercise Leader, Fitness Instructor/Consultant, Corporate Fitness Manager, Exercise Testing Technician, Fitness Club Manager, Activities Director, Health & Fitness Advisor, Exercise Physiologist

**International Study is available for all TSU students and may include opportunities for internships or taking course work towards various minors.** International study may have an impact on the academic map; therefore, it is important to consult with the academic advisor for this major before participating in an international Program opportunity. Students interested in study abroad opportunities should contact the Office of International Programs and consult with their academic advisor.

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This map is not intended to be a contract, either expressed or implied, between the University and the students, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. TSU specifically reserves the right to change, delete or add to any MAP at any time within the student's period of study at the University.