

**HUMAN PERFORMANCE AND SPORT SCIENCES, CONCENTRATION—HEALTH EDUCATION WITH TEACHER
CERTIFICATION FOR GRADES K-12 ACADEMIC MAP: DEGREE BS (121 CREDIT HOURS)**

This degree map is a semester-by-semester sample course schedule for students majoring in **Human Performance and Sport Sciences with a concentration in Health Education with Teacher Certification for Grades 7-12**. The milestones listed to the right of each semester are designed to keep a student on track to graduate in four years. The schedule serves as a general guideline to help build a full schedule each semester. Milestones are courses and special requirements necessary for timely progress to complete a major. When one or more milestones are missed, students should consult with an academic advisor to determine if another degree path would be more suitable.

General Statement: The Department of Human Performance and Sport Sciences prepares students for professional careers in the following areas of concentration: Health Education. Graduates will be able to evaluate, plan for and counsel individuals in the areas of fitness, athletics, and cardiac rehabilitation. Students are being prepared for advanced degree work in exercise physiology, physical therapy, and other health fields, including medical school, as well as positions as personal trainers and health fitness instructors with both hospital-based wellness programs and corporate fitness programs. The department focuses on the development of competent leaders for our diverse society, who will promote the essentials of quality living, as well as excellence in teaching and serving.

Students seeking teacher licensure must be admitted to the Teacher Education Program. To be admitted he/she must (a) complete all pre-requisite courses and earn a grade of “C” or better in those courses, (b) earn a GPA of 2.75 or better, and (c) score a 22 or better on the ACT, or score a 1020 or better on the SAT, or receive a passing score on the Praxis I exam. A Student must receive passing scores on the Praxis II exams to be admitted to Teacher Residency.

Tennessee State University recognizes that students have diverse learning, life, and professional experiences. The University provides opportunities for students to earn college credit toward the degree through a number of assessment options that evaluate their learning experiences. These paths are grouped under the category “Prior Learning Assessment” (PLA). Various means of earning PLA credit at TSU are the following: Advanced Placement Program, American Council of Education (ACE) Military Credit, College Level Exam Program (CLEP), DSST Credit by Examination Program (includes DANES Examination), Institutional Course Challenge Exams (Departmental Exams), International Baccalaureate Credit, Other Military Service, Portfolio Assessment. To learn more about PLA contact your academic advisor or the Office of Student Support Services for Adult and Distance Learners at (615) 963-7001 or adultstudentsupport@tnstate.edu.

Department Chair: Dr. James Heimdal, Email: jheimdal@tnstate.edu

Mapping Coordinator: Dr. Blair Thornton, Email: bthornt2@tnstate.edu

Department Web Address: <http://www.tnstate.edu/hpss/>

Fall Schedule		Milestones
Semester 1	Hrs.	Semester 1
ENGL 1010 Composition I	3	Pre-Requisite Course: Must be taken before ENGL 1020, and HIST 2010, HIST 2020, HIST 2030, HIST 2060, HIST 2070, or HIST 2700; Minimum grade "C" Required
MATH 1110 College Algebra	3	Minimum Grade of "C" Required
Humanities Elective*	3	Minimum Grade of "C" Required
HPSS 2060 First Aid/CPR	3	Minimum Grade of "C" Required
PSYC 2010 General Psychology	3	Minimum Grade of "C" Required
UNIV 1000 Orientation**	1	Minimum Grade of "C" Required
Total Hours	16	Note Freshman/Sophomore: Classes may be taken during summer terms when available.

*Students must take a 3 credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1000 or RELS 2010.

An Orientation course taken at another University does **NOT meet this requirement. Students with less than 60 credit hours must take UNIV 1000 at TSU.

Spring Schedule		Milestones
Semester 2	Hrs.	Semester 2
ENGL 1020 Composition II	3	Minimum Grade of "C" Required
HPSS 1510 Health and Wellness	3	Minimum Grade of "C" Required
Humanities Elective*	3	Minimum Grade of "C" Required
COMM 2200 Public Speaking	3	Minimum Grade of "C" Required
HPSS 3000 Foundations of Health Education	3	Minimum Grade of "C" Required
HPER 1011 Elementary Swimming	1	Minimum Grade of "C" Required
Total Hours	16	Note Freshman/Sophomore: Classes may be taken during summer terms when available.

*Students must take a 3 credit hour course from the following list of approved general education Humanities courses: AREN 2310, ART, 1010, THTR 1020, MUSC 1010, PHIL 1030, HIST 1000 or RELS 2010.

Students must remember not to duplicate course option from a previous semester.

Fall Schedule		Milestones
Semester 3	Hrs.	Semester 3
		Students should meet with an academic advisor and declare Biology with Teacher Education as a major. Take the Praxis Core Exams-Reading 5712 (qualifying score 156), Writing 5722 (qualifying score 162) and Math 5732 (qualifying score 150) or students may be exempted from the Praxis Core if they have scored 22 or above on the ACT or 1020 or above on the SAT before applying for admission to Teacher Education in Semester 4.
ENGL Literature*	3	Minimum Grade of "C" Required
EDCI 2010 Hist. and Found. of Education	3	Minimum Grade of "C" Required
Natural Sciences Elective**	4	Minimum Grade of "C" Required
HIST 2010 or HIST 2030	3	Minimum Grade of "C" Required
HPSS 3050 Family Health & Sexuality	3	Minimum Grade of "C" Required
Total Hours	16	

*Courses within the range of ENGL 2012-2022 will meet this requirement

**Natural Science- Students must have 8 semester hours which includes the appropriate lab. The recommended courses are: BIOL 1020/1021, CHEM 1040/1041, PHYS 2020/2021 or ASTR 1020.

Spring Schedule		Milestones
Semester 4	Hrs.	Semester 4
		Apply for Admission to Teacher Education/Pre-Residency Block 1. To do so, students must have a minimum GPA of 2.75, satisfactory report on Criminal Background Check, successful interview, and satisfactory writing sample required.
		Check for C (or higher) on all classes in Freshman/Sophomore
Natural Sciences Elective*	4	Minimum Grade of "C" Required
HPSS 2310 Anatomy & Physiology	3	Minimum Grade of "C" Required
HIST 2020 or HIST 2030	3	Minimum Grade of "C" Required
PSYC 2420 Human Growth and Learn.	3	Minimum Grade of "C" Required
HPSS 3030 Consumer & Community Health	3	Minimum Grade of "C" Required
Total Hours	16	Please Note: All Teacher Education/Blocked courses during the Junior/Senior years are required during the semester indicated.

*Natural Science- Students must have 8 semester hours which includes the appropriate lab. The recommended courses are: BIOL 1020/1021, CHEM 1040/1041, PHYS 2020/2021 or ASTR 1020. Students must remember not to duplicate course option from a previous semester.

Fall Schedule		Milestones
Semester 5	Hrs.	Semester 5
		Block 1-Pre-Residency Pre-requisite: Take the Praxis II Exam: 5551-Health Education: <i>Content Knowledge (K-12)</i> (qualifying score 144). At the beginning of this semester, students must make application to the Teacher Education Program (Pre-Residency). A GPA of 2.75 is required and must be maintained throughout the program.
HPSS 3340 History & Philosophy of Physical Education	3	Minimum Grade of "C" Required
HPSS 3310 Measurement & Evaluation	3	Co-requisite: Block 1; Minimum Grade of "C" Required
HPSS 4090 Drug Education	3	Minimum Grade of "C" Required
HPSS 3140/3130 Phys. Of Exercise/Kinesiology	3	Minimum Grade of "C" Required
HPSS 3070 Health Instruction for the School	3	Minimum Grade of "C" Required
Total Hours	15	Note: Junior and senior students must enroll in Teacher Education/Blocked courses during the semesters indicated on this map.

Spring Schedule		Milestones
Semester 6	Hrs.	Semester 6
		Block 2 - Pre-Residency Pre-requisite: Students must be admitted to Pre-Residency Block 2 in order to enroll in the courses listed for this semester. During this semester, students must apply for admission to Residency I.
HPSS 3130/3140 Phys. Of Exercise/Kinesiology	3	Minimum Grade of "C" Required
HPSS 4020 Mgt. & Org. of HPER & Sports Law*	3	Minimum Grade of "C" Required
HPSS 4007 Current Issues	3	Minimum Grade of "C" Required
EDCI 3870 Curriculum Development*	3	Co-Requisite Course EDRD 4910; Minimum Grade of "C" Required
EDRD 4910 Reading in the Secondary Sch.*	3	Co-Requisite Course EDCI 3870; Minimum Grade of "C" Required
Total Hours	15	

*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

Fall Schedule		Milestones
Semester 7	Hrs.	Semester 7
		Block 3 – Residency I Pre-requisites: admission to Residency I, CPR Certification, and Praxis II Exam: 5622-Principles of Learning and Teaching (K-6), or 5623 (5-9), or 5624 (7-12). During this semester, students must apply for admission to Residency II.
HPSS 3720 Methods and Mat. Of Health Education*	3	Minimum Grade of "C" Required
HPSS 4505 Senior Writing Project	3	Co-requisite courses: EDSE 3330 and EDCI 4620; Minimum Grade of "C" Required
EDSE 3330 Education of Exceptional Children*	3	Co-requisite courses: HPSS 4505 and EDCI 4620; Minimum Grade of "C" Required
EDCI 4620 Field Experience in Education*	6	Co-requisite courses: HPSS 4505 and EDSE 3330; Minimum Grade of "C" Required. As a part of Residency I, Teacher Licensure students must complete 90-100 hours of co-teaching/field placement in EDCI 4620.
Total Hours	15	

*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

Spring Schedule		Milestones
Semester 8	Hrs.	Semester 8
		Block 4 – Residency II Pre-requisites: Students must be admitted to Residency II. At this point in the program, students must have successfully completed all requirements for Block 3 Residency I and ALL Praxis Exams are required to enroll in courses for this semester. Take Senior Exit Exam and Apply for Graduation
EDCI 4705 Educational Student Teaching Seminar*	3	Co-Requisite Course: HPSS 4720; Minimum Grade of “C” Required
HPSS 4720 Enhanced Student Teaching* (continuation of Residency I Field Placement)	9	Co-Requisite Course: EDCI 4705 Minimum Grade of “B” Required. A student who earns a grade of “C” or “D” in Student Teaching may graduate from the University, however, they will not be recommended for licensure. Student Teaching lasts 16 weeks / Mon-Fri.
Total Hours	12	NOTE: At the end of Student Teaching, students must complete the edTPA (portfolio) with a score of 37 out of 75 and Teacher Education Exit Interview.

*All Teacher Education courses are required and will only be offered during the indicated semesters of the third and fourth years.

Employment Information: The Human Performance and Sport Sciences program with a concentration in Health Education with Teacher Certification for Grades 7-12 prepares health educators to promote wellness by instructing others in the way of proper diet, stress management, psychological well-being, human sexuality, exercise and play, as well as other fundamental behaviors that improve the quality of life for all individuals and communities.

Representative Job Titles Related to this Major: Health and Wellness Educator, Exercise Leader, Fitness Instructor/Consultant, Corporate Fitness Manager, Exercise Testing Technician, Fitness Club Manager, Activities Director, Health & Fitness Advisor, Exercise Physiologist

International study is available for all TSU students and may include opportunities for internships or taking course work towards various minors. International study may have an impact on the academic map; therefore, it is important to consult with the academic advisor for this major before participating in an international Program opportunity. Students interested in study abroad opportunities should contact the Office of International Programs and consult with their academic advisor.

This map is not intended to be a contract; either expressed or implied, between the University and the students, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. TSU specifically reserves the right to change, delete or add to any MAP at any time within the student’s period of study at the University.