



**Bachelor of Science Degree in Human Performance & Sport Sciences
Concentration in Exercise Science**

FALL SEMESTER

SPRING SEMESTER

FRESHMAN YEAR

ENGL 1010 Composition I	(3)_____	ENGL 1020 Composition II	(3)_____
MATH 1110 College Algebra or Higher	(3)_____	HPSS 1510 Health and Wellness	(3)_____
<i>Humanities Electives *</i>	(3)_____	<i>Humanities Elective *</i>	(3)_____
HPSS 2060 First Aid/CPR	(3)_____	COMM 2200 Public Speaking	(3)_____
HPER 1010 – 1053	(1)_____	HPSS 2270 Fund Rhythms & Music for Dance	(2)_____
UNIV 1000 Orientation	(1)_____	HPSS 2020 Theory of Aquatics	(1)_____
	14		15

Note: Freshmen/Sophomore. Classes may be taken during summer terms when available.

SOPHOMORE YEAR

ENGL 2010 -20128 <i>Sophomore Literature *</i>	(3)_____	<i>Natural Sciences Elective *</i>	(4)_____
<i>Natural Sciences Elective *</i>	(4)_____	HPSS 2310 Anatomy & Physiology	(3)_____
HIST 2010/2030: <i>Choose one</i>	(3)_____	HIST 2020/2030: <i>Choose one</i>	(3)_____
HPSS 2010 Fund & Tech of Team Sports	(1)_____	HPSS 3340 History & Philosophy of Physical Ed.	(3)_____
HPSS 2030 Fund & Tech of Individual Sports	(1)_____	HPSS 3040 Fund & Tech of Lifetime Sports	(1)_____
PSYC 2010 General Psychology	(3)_____	HPER 1011 Elementary Swimming	(1)_____
	15		15

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JUNIOR YEAR

HPSS 3040 Elements of Safety	(2)_____	HPSS 3130/3140 Phys. Of Exercise/Kinesiology	(3)_____
HPSS 4150 Elements of School & Sport Law	(3)_____	HPSS 3310 Measurement & Evaluation in P.E.	(3)_____
HPSS 3140/3130 Phys. Of Exercise/Kinesiology	(3)_____	HPSS 3030 Consumer & Community Health	(3)_____
HPSS 4240 -4260	(2)_____	HPSS 3050 Family Health & Sexuality	(3)_____
HPSS Elec. / Minor 3000/4000	(3)_____	HPSS Elec. / Minor 3000/4000	(3)_____
HPSS Elec. / Minor 3000/4000	(3)_____		15
	16		

SENIOR YEAR

HPSS 4007 Current Issues	(3)_____	HPSS 4020 Mgt. & Org. of HPER & Sports Law	(3)_____
HPSS 4505 Senior Writing Project	(3)_____	HPSS 3080 Officiating Techniques	(2)_____
HPSS Elec. / Minor 3000/4000	(3)_____	HPSS 4730 Field Experience	(3)_____
HPSS Elec. / Minor 3000/4000	(3)_____	HPSS Elec. / Minor 3000/4000	(3)_____
HPSS Elec. / Minor 3000/4000	(3)_____	HPSS Elec. / Minor 3000/4000	(3)_____
	15	HPSS Elec. / Minor 3000/4000	(2)_____
			16

*These courses must be selected from the list of university approved General Education Courses.

** HPSS Elective / Minor courses should be selected in consultation with HPSS advisor.